

The **Cost** of Low-Value Care



The U.S. health care system continues to deliver more and more care. But it's not always the right care—and it's rarely at the right price.


30%


of all health care spending in the U.S. may be unnecessary—and, in many cases, harmful to patients.

And, every year, low-value care costs the health care system **\$340 billion**



Worse, when consumers receive unnecessary care, it's **not just one and done.**

 **62%** of unnecessary treatments or tests lead to additional low-value care for that same patient.

And that hurts outcomes.  **87%** of doctors have reported **negative impacts from low-value care.**

There isn't a quick fix to low-value care. But here's where we can start:



Support provider education efforts such as *Choosing Wisely*



Implement EHR tools to identify unnecessary tests and treatments



Improve care management efforts

And support the shift to value-based payment models, which provide financial incentives to avoid low-value care.

