

CARING FOR YOUR HEARING AIDS



Morning

Check for the full-charge indicator or light.



Put hearing aids in a dehumidifier/drier box while bathing.



Put them on with the tips snugly in your ears.



Evening

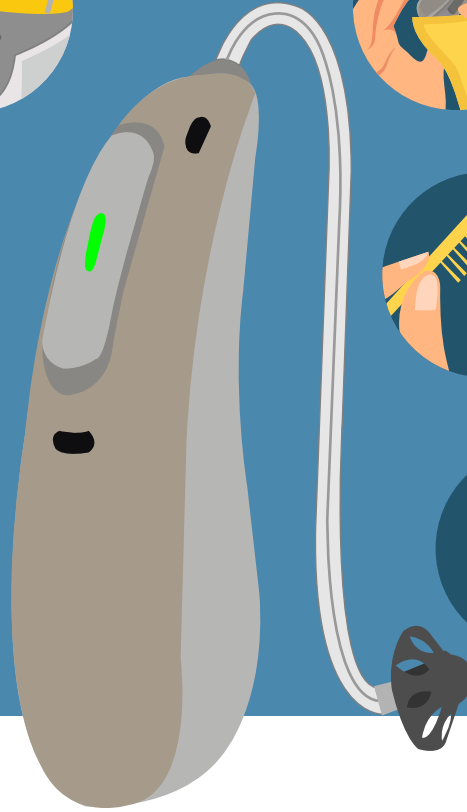
Wipe each hearing aid body, and tiny hole, with a soft, dry cloth.



Check the rubber domes (the in-ear tips) and clean off any wax or debris.



Put the hearing aids in their charger.



Once a month

- ✓ Remove the ear molds or domes from the hearing aids and wash or change them. Use warm water and dish soap. Rinse thoroughly and put in the dry box.
- ✓ Inspect the wax guards underneath the domes and replace if they're worn, misshapen, or can't be cleaned.
- ✓ If your hearing aids have screw-off tops and removable tubing, unscrew them and run a cleaning brush through the tubing and the domes.

Every 3 to 6 months

- ✓ Visit your audiologist's office for professional cleaning and any questions or concerns. Simple fixes can sometimes be handled by front desk staff while you wait.

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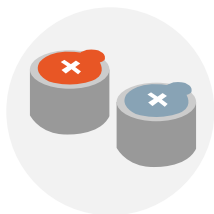


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► HEARING AIDS TIPS



Don't lose your hearing aids. Hearing aids belong only in their case, the dry box, or your ears. Never in pockets, please.



Use batteries? Keep spares at home, in the car, at your relatives' homes, etc.



Are your hearing aids waterproof? If not, keep them dry.



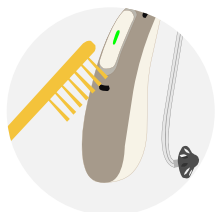
Worried about loss? Try lanyards or clips (such as "Ear Gear" or "Vivtone") or jewelry ("DeafMetal"). You can also put your phone number on your hearing aids with a label maker, or get them engraved.



Hearing aids contain delicate electronics. Keep yours working their best with a drying box, available for \$60 or less. Popular options include "PerfectDry LUX" and "EarCentric RapidDry."



If it seems like your hearing aids aren't working as well as before, you can compare your hearing with and without them on. A simple, accurate smartphone app that doesn't ask for personal data is "Sennheiser Hearing Test."



For cleaning the tiny microphone holes, you can use an eyebrow or interdental brush. For cleaning tubing, inexpensive tools like "Nanoclean" are available online.



Keep your equipment working for you! Call your audiologist anytime you need help.

Your audiologist's contact info is:



Want to see pictures & video? Search "How to clean hearing aids" on YouTube. You can also find these resources on our website at Parsemus.org/hearingaids

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